



World Lupus Day - 10 May

Lupus is a global health problem that affects people of all nationalities, races, ethnicities, genders, and ages. Lupus can affect any part of the body in any way at any time, often with unpredictable and life-changing results.

Important Facts to Know about Lupus:

- Lupus is a serious and potentially life-threatening autoimmune disease.
- Lupus can damage any organ or tissue from the skin or joints to the heart or kidneys.
- Lupus develops in response to factors both inside and outside of the body; however, the exact cause of lupus is not known.
- Symptoms of lupus come and go, change over time, making lupus challenging to diagnose. Common symptoms include joint pain, skin rashes, overwhelming fatigue, and fevers that last for days or weeks.
- Lupus is not contagious. You cannot 'catch' lupus from someone else.
- While there is no cure for lupus, in most cases lupus can be managed successfully through early diagnosis and expert medical care.

Who has lupus?

- An estimated 5 million people worldwide have lupus.
- Lupus can strike anyone at any time, but 90 percent of the people living with lupus are women.
- Lupus develops most often between ages 15 and 44 and lasts a lifetime.
- People of all races and ethnic groups can develop lupus.

About World Lupus Day

Since 2004, lupus organizations around the globe have conducted activities on May 10 to raise awareness and educate the public about the symptoms and health effects of lupus.

Sign the Pledge

We urge all citizens to join with the World Lupus Federation and take the pledge to spread awareness of lupus signs and symptoms to ensure that people with lupus around the world are diagnosed and treated early and effectively.

Sign the pledge and learn more about lupus at worldlupusday.org

Learn more about the World Lupus Federation